



THERAPIA SPA

~ HARMONY ~

Increase your harmony of body and soul in Therapia Spa. Special program designed for experience of spiritual journey to be freed from negative energy, just in Therapia Spa.

Common areas included in the package

- Aromatherapy
- Steam Rooms
- Fin Saunas
- Ice Gretto
- Indoor ~ Outdoor
- Swimming Pools
- Fitness Studio
- Ottoman Hammams



Therapies included in the packages

- **Sea Salt Scrub:** Cleans the top layer of the skin. Sea Salt contains minerals like magnesium and calcium which increase the skin's moisture.
- **Hot Stone Therapia:** This massage is applied with the heated volcanic stones and aromatic oils, heat coming from stones penetrates deep into the skin. This is applied to the whole body with balancing the energy in our chakras and removes the energy blockages, relaxes muscles.
- **Mini Skin Care:** This treatment is perfect for busy guests. It is applied with a special skin mask, toners and moisturizers and it purifies and cleans the skin.

Spa services period is between 08.00 a.m and 10.00 p.m.

For reservation and information:

spa@thegrandtarabya.com

(0212) 363 33 00 ~ 1566 /1567